



YSGOL
MAESTEG



Maesteg School

Anti-Bullying Policy

Chair of Governors: 	Headteacher: 
Date of Ratification:	26 th February 2026
Date of Next Review:	

Maesteg School – Pupil-Friendly Anti-Bullying Policy

What is bullying?

At Maesteg School, we believe everyone has the right to feel safe, happy, and respected.

Bullying is:

- When there is an imbalance of power (someone may be stronger, older, more popular, or have more influence)
- When someone hurts another person on purpose
- When one or more people keep saying or doing hurtful things
- When it happens more than once, or it might be a one-off serious incident
- When several or even many people keep saying or doing hurtful things that make you feel upset or worried
- It can happen face-to-face or online

Bullying can affect how someone feels about themselves. It is **never acceptable**.

Types of Bullying and Harassment

Bullying and harassment can look different in different situations. They might be:

Emotional

- Leaving someone out
- Making someone feel unwelcome
- Hiding or damaging their belongings

Physical

- Hitting
- Kicking
- Pushing
- Hurting someone physically

Verbal

- Name-calling
- Teasing or sarcasm
- Spreading rumours

Cyberbullying

- Sending nasty messages
- Posting unkind comments
- Sharing photos or videos to embarrass someone
- Online rumours or group chats used to target someone

Indirect / Behind Someone's Back

- Whispering or gossiping
- Trying to turn others against someone

Prejudice-Related

- Racist
- Sexist
- Homophobic
- Insulting comments about someone's identity

Relational Aggression

- Damaging someone's friendships
- Deliberately isolating someone
- Humiliating someone
- Trying to ruin their reputation

Harassment

- Repeated, unwanted behaviour (online or in person)
- Making someone feel uncomfortable, scared, or targeted
- Not stopping even when asked to

If You Think You're Being Bullied

You are **not alone**, and it is **not your fault**.

Tell an adult you trust

You can talk to:

- Your Form Tutor
- Any teacher

- Pastoral Support Staff
- Your Progress Leader
- Someone at home

You can also report it by:

- Using the **Report Bullying** button on the school website
- Sending a **Teams message** or **email** to a trusted adult

Stay Safe

- Stay with friends
- Stay in areas where staff are nearby

Remember:

Our teachers are always monitoring for bullying behaviour in classrooms, corridors, the dining hall and on the yards.



Advice for Parents and Carers

Your parents and carers are encouraged to:

- Talk to you about your day
- Notice any changes in your behaviour
- Reassure you that bullying is **never your fault**
- Encourage you to tell a trusted adult
- Contact the school if they have concerns



What School Will Do When Bullying Is Reported

When bullying or harassment is reported, the school will:

- Record the incident
- Inform parents/carers as soon as possible
- Undertake a thorough and effective investigation which will be reported to parents
- Support the pupil with strategies to stay safe
- Follow clear time scales for follow-up:
 - Same day / within 24 hours: initial contact and safeguarding check
 - Within 48–72 hours: review actions and pupil wellbeing

- Weekly for 4 weeks: check that the situation has improved
- Half-term review: confirm the issue is fully resolved (or earlier if needed)
- Use restorative meetings, support plans, or agreements
- Support the pupil who displays bullying behaviour to understand and address the root cause of the behaviour

Use a **graduated approach** which may include:

- Zero Communication Contracts
- Anti-Perpetrator Non-Communication Agreements
- Risk Assessments

Additionally, we also use:

- Fixed-term exclusions
- Permanent exclusions
to help resolve serious bullying issues.

Maesteg School's Commitment to Anti-Bullying

We do not tolerate bullying.

We listen.

We act quickly.

We care about your wellbeing.