

STRIVE

IN KS4 Health and Social Care

Watch

A Healthier Wales – our long-term plan for health and social care

https://www.youtube.com/watch?v=EaMG_fyX8Po

Physical and Mental Health:

<https://www.youtube.com/watch?v=EKEWk4oWmjY&t=82s>

Thinking differently about the health and wellbeing of children and young people:

<https://www.youtube.com/watch?v=GE6jStGLvJM>

Flying Start:

<https://www.youtube.com/watch?v=4R7skZC3vBE&t=36s>

Listen

The Health Foundation podcast: Interviews with experts and high-profile guests discussing the most important issues affecting the future of health and care for people in the UK

<https://www.health.org.uk/news-and-comment/podcast>

The King's Fund podcast: A podcast about big ideas in health and care. We talk with experts from The King's Fund and beyond about the NHS, social care, and all things health policy and leadership.

<https://www.kingsfund.org.uk/audio-video/podcast>

Read



Research

[A Healthier Wales \(gov.wales\)](#)

[Physical, emotional and social wellbeing - Health and wellbeing - AQA - GCSE Physical Education Revision - AQA - BBC Bitesize](#)

[Health and social care | Topic | GOV.WALES](#)

[Unit 1 - 2.1.1. Human Development Across the Lifecycle \(healthandcarelearning.wales\)](#)

[Unit 1 - 2.1.2. Physical, social, emotional and intellectual health \(healthandcarelearning.wales\)](#)

[Unit 1 - 2.1.3. The importance of active participation on development and well-being \(healthandcarelearning.wales\)](#)

[Unit 1 - 2.1.4. Early intervention and prevention to promote and support growth, development and well-being for a range of conditions and circumstances \(healthandcarelearning.wales\)](#)

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