

## BREAKTIME

Cheese and tomato toastie (gluten,milk) £0.40

## LUNCHTIME

Beef cannelloni (gluten,milk,soya) £2.10

Chicken and mushroom filled mezzaluna bread £2.10

Leek and Emmental quiche(gluten, egg, milk) £2.10

Served with veggies or salad

Jacket Potato with filling (milk in cheese) £1.70

Sundried tomato salad £1.50

Grab + Go: Wholewheat Baguette with filling (gluten, milk) £1.60

Dessert: Fresh fruit or waffle (gluten, milk, egg, soya) £0.50

**YOUR  
FOOD  
MENU**

**MONDAY**



## BREAKTIME

Pepperoni and Cheese Toastie ( gluten, milk) £0.40

## LUNCHTIME

Flatbread (gluten) filled with sticky chicken(soya, wheat ) and salads £2.10

Beef or sweet potato burrito(gluten) with salads £2.10

Steamed new potatoes and seasonal veg

Jacket Potato with filling(milk in cheese) £1.70

Spicy pepperoni or tomato pasta(gluten) with cheese(milk) £1.70

Grab + Go: Wholewheat Baguette with filling(milk,gluten) £1.60

Dessert: Courgette (from the allotment) cake(gluten) or fresh fruit £0.50

**YOUR  
FOOD  
MENU**

**TUESDAY**



## **BREAKTIME**

Pepperoni and cheese toastie (gluten, milk) £0.40

## **LUNCHTIME**

Roast pork dinner £2.10

Chicken and mushroom pie (gluten and milk) £2.10

Veggie arrabiata with pasta and a crusty roll (gluten) £2.10

Served with Yorkshire pudding, mash, veg in season and gravy

Jacket Potato with filling (milk in cheese) £1.40

Tomato or sausage (gluten, sulphites) + beans pasta (gluten) pot £1.70

Grab + Go: Wholewheat Baguette with filling (gluten, milk) £1.60

Dessert: Oat and fruit cookie or fresh fruit £0.50

**WEDNESDAY**





## **BREAKTIME**

Cheese and Tomato Toastie (gluten, milk) £0.40

## **LUNCHTIME**

Spaghetti Bolognese, loaded with vegetables (gluten) £2.10

Mediterranean chicken traybake £2.10

Veggie chilli with nachos(celery) £2.10

Served with Baked Potatoes and Seasonal Fresh Veg

Jacket Potato with filling (milk in cheese) £1.40

Tomato or meatball (gluten, milk) pasta (gluten) pot £1.70

Grab + Go: Wholewheat Baguette with filling (gluten, milk) £1.60

Dessert: Apple + cinnamon homemade flapjack (gluten, milk, soya) £0.50

**THURSDAY**



## BREAKTIME

Tomato and Cheese Toastie (gluten, milk) £0.40

## LUNCHTIME

Breaded fish (gluten, wheat) £2.10

Hot dog in brioche roll (gluten, milk) £2.10

Veggie hot dog in brioche (milk, gluten)

Served with peas, curry sauce (gluten, soya, celery, mustard) and oven chips

Jacket Potato with filling (milk in cheese) £1.40

Spicy veggie cous cous (gluten) £1.50

Grab + Go: Wholewheat Baguette with filling (gluten, milk) £1.60

Dessert: Beetroot cake (gluten, egg) or fruit pot £0.50

**YOUR  
FOOD  
MENU**

**FRIDAY**

