

Oat-so good cookies.

Ingredients.

100g porridge oats
100g flour
100g caster sugar
100g butter
1 tablespoon honey
(or syrup)
1 teaspoon cinnamon
(or mixed spice)

Equipment.

Mixing bowl
Teaspoon
Tablespoon
Saucepan/
Baking tray
Parchment paper or
foil.

Method.

1. Mix oats/ flour and spice in a bowl.
2. Gently melt the butter, sugar and syrup or honey in a pan. Mix well.
3. Use 2 spoons to form into balls evenly spaced on lined baking trays.
4. Dampen a spoon and press each ball lightly.
5. Bake for 15- 20 mins on 180 or Gas mark .
6. When out of the oven leave to cool.